

# Volleyball Camp



## Mount Si Volleyball Camp

This camp hosted by Mount Si High School volleyball coaching staff is a great opportunity for all levels of players in grades 2-8 to work on their skills with drills and games that the high school players use in their practice every day. Camp will focus on discipline, teamwork and skill development including passing, serving, attacking, and setting. Coach Cristin Stahlberg has 11 years coaching experience with Ridge Valley and 6 seasons at Mt Si High School.

### **#11680 Mount Si Volleyball Camp for grades 2-5**

Saturday-Monday July 28-30 at Mount Si High School

9:00AM-12:00PM

Cost: \$120

### **#11681 Mount Si Volleyball Camp for grades 6-8**

Saturday-Monday July 28-30 at Mount Si High School

9:00AM-4:00PM (bring a sack lunch!)

Cost: \$171

#### **Instructor:**

Cristin Stahlberg

#### **Coaching Experience:**

\*11 years coaching experience with RidgeValley (2008-present)

\*Headed into 7th season at Mt. Si High School as C-Team/Varsity Assistant (2012-present)

#### **Playing Experience:**

\*10 years of playing experience Tumwater High School (2004-2008)

\*Seattle University (2008-2012)

\*PSR Premier Professional Team (2012-2013)